



Supply and Distribution Volunteer

Period Friendly Places (PFP) relies on volunteers to support its work to eradicate period poverty in Bristol. Period poverty is defined by the inability to afford or access menstrual products, hygiene facilities, safe waste management, and timely education on menstruation and menstrual health.

We require volunteer support to collect and deliver free menstrual products from places that have them, to people that don't.

Primary tasks include:

- Collect product from PFP storage to deliver to a single or a cluster of community venues, as directed by the PFP Coordinator. Venues will be allocated in a way that reduces travel and that keeps delivery routes to within the same or adjacent neighbourhoods.
- Collect period products from corporate organisations, foodbanks, supermarkets and other places, as directed by the PFP Coordinator, to place in the PFP storage.
- Deliver donation bins to relevant organisations, including hosting one in your place of work if relevant.

Additional opportunities:

- Undertake training to deliver period poverty awareness raising talks/workshops in your workplace and/or in the community.
- Join a peer network of Period Friendly Champions to engage in awareness raising activities in the community, e.g. at community events, on International Women's Day.
- Become a PFP spokesperson, engaging in media opportunities when available and appropriate, e.g. on International Women's Day, Challenge Poverty Week
- Support the development of PFP's media, social media and marketing.

Frequency and commitment: ideally, we are looking for people to volunteer for a couple of hours to an afternoon a month to deliver products. Please speak with us if you have less time available but still want to be involved.

Person specification:

- Reliable
- Organised
- Good communication skills
- Must have a mode of transport sufficient to carry two binbags of period products, e.g. a car, bike with panniers or a bike trailer.

For more information, email us to arrange an initial chat. periodfriendlyplaces@gmail.com

If you wish to apply, please send us a brief email outlining why you'd like to volunteer with us and what skills you think you'd bring: periodfriendlyplaces@gmail.com